



Cezar Ilie Foia

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Data nașterii: 03/06/1999 Cetățenie: română

EDUCAȚIE ȘI FORMARE PROFESIONALĂ

[2024 – În curs]

Studii postuniversitare de doctorat, Student Doctorand

Universitatea de Medicină și Farmacie "Grigore T. Popa" Iași www.umfiasi.ro

Localitatea: Iași | Țara: România | Domeniul (domeniile) de studiu: Medicină

[01/07/2022 – 31/08/2022]

Stagiu ERASMUS

Universitatea Claude Bernard Lyon 1 www.univ-lyon1.fr

Domeniul (domeniile) de studiu: Medicină

[2018 – 2024]

Studii universitare de licență, diplomă de Doctor-Medic

Universitatea de Medicină și Farmacie "Grigore T. Popa" Iași www.umfiasi.ro

Localitatea: Iași | Țara: România | Domeniul (domeniile) de studiu: Medicină

[2014 – 2018]

Studii liceale, diplomă de Bacalaureat

Colegiul Național "Costache Negruzzi"

Localitatea: Iași | Țara: România

EXPERIENȚA PROFESIONALĂ

[2024 – În curs]

Spitalul Clinic Județean de Urgență "Sf. Spiridon" Iași

Localitatea: Iași | Țara: România

Medic Rezident Ortopedie-Traumatologie

COMPETENȚE LINGVISTICE

Limbă(i) maternă(e): română

Altă limbă (Alte limbi):

engleză

COMPREHENSIVUL ORALĂ C1 CITIT C1 SCRIS C1

PRODUCEREA DE MESAJE ORALE C1 CONVERSAȚIE C1

germană

COMPREHENSIVUL ORALĂ A1 CITIT A1 SCRIS A1

PRODUCEREA DE MESAJE ORALE A1 CONVERSAȚIE A1

franceză

COMPREHENSIVUL ORALĂ B1 CITIT B1 SCRIS B1

PRODUCEREA DE MESAJE ORALE B1 CONVERSAȚIE B1

Niveluri: A1 și A2 Utilizator de bază B1 și B2 Utilizator independent C1 și C2 Utilizator experimentat

CONFERINȚE ȘI SEMINARE

[26/03/2026]	Cursul de ortopedie "Noțiuni introductive în artroscopia genunchiului" Iași, România
[23/10/2025 – 25/10/2025]	The XXIst SOROT 2025 Congress – The Romanian Society of Ortopedics and Traumatology (SOROT) Brașov, România
[15/09/2025 – 11/10/2025]	AO Trauma Blended Course—Basic Principles of Fracture Management București, România
[11/05/2022 – 15/05/2022]	The 17th International Congress for Medical Students and Young Doctors – CONGRESSIS Universitatea de Medicină și Farmacie „Grigore T. Popa” din Iași
[03/05/2022 – 07/05/2022]	Congresul „Primăvara Dermatologică” Iași
[03/12/2021]	Scientific Communications Session – General Surgery Universitatea de Medicină și Farmacie „Grigore T. Popa” din Iași
[12/11/2021]	Scientific Communications Surgery – Plastic Surgery Universitatea de Medicină și Farmacie „Grigore T. Popa” din Iași
[11/04/2019 – 14/04/2019]	CONGRESSIS. International Congress for Medical Students and Young Doctors Universitatea de Medicină și Farmacie „Grigore T. Popa” din Iași
[2018 – 2018]	The 15th International Congress for Medical Students and Young Doctors – CONGRESSIS Universitatea de Medicină și Farmacie „Grigore T. Popa” din Iași

PROIECTE

[19/09/2022 – 22/09/2022]	FDI – UMF „Grigore T. Popa” – Principii și protocoale de pregătire a patului plăgii pentru reconstrucție chirurgicală și vindecare
[01/07/2022 – 31/08/2022]	Stagiu de vară în cadrul secției de Chirurgie Plastică a Spitalului Croix-Rousse, Lyon, Franța
[10/12/2021 – 12/12/2021]	Participant activ – The 41st Edition of the Knots and Sutures Workshop
[09/11/2021 – 07/12/2021]	FDI – UMF „Grigore T. Popa” - Microchirurgia - workshop - aplicații în chirurgia plastică și reconstructivă, performanțe și limite

PERMIS DE CONDUCERE

Autoturism: B

COMPETENȚE

Microsoft Office / Microsoft 365: Word, Excel, PowerPoint, Outlook, Teams | Google Docs | Zoom

PUBLICAȚII

Articole publicate in extenso în reviste cotate ISI_Clarivate

Autor principal

[2026]	<u>Clinical and Molecular Signatures of Gallbladder Lesions: Insights into Metabolic and Inflammatory Pathways</u>
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Bojan A, Vladeanu M-C, Pricop C, Bararu-Bojan I, **Foia CI***, Giusca SE, Iliescu D, Badulescu OV, Iliescu Halitchi CO, Martu MA, Bazyani A, Ciocoiu M, Foia LG. Clinical and Molecular Signatures of Gallbladder Lesions: Insights into Metabolic and Inflammatory Pathways. *Diagnosics*. **2026**;16(10):1480. **IF=3,3**

[2026] [**In Vivo Biocompatibility Evaluation of Norfloxacin-Loaded Chitosan Nanofibers and Boronic Aldehyde-Functionalized Derivatives in Rat**](#)

Foia CI, Coman CG, Chabot C, Gardikiotis I, Trandafirescu M, Pavel LL, Sîrbu PD, Mititelu-Tartau L, Voloseniuc T. In Vivo Biocompatibility Evaluation of Norfloxacin-Loaded Chitosan Nanofibers and Boronic Aldehyde-Functionalized Derivatives in Rat. *The Medical-Surgical Journal*. **2026**;130(2):345-354. doi: 10.22551/MSJ.2026.02.14. **IF=0,2**

[2026] [**Anti-Inflammatory Efficacy of Nsaids and Their Combinations with Antibiotics in a Rat Model of Acute Carrageenan-Induced Inflammation**](#)

Cosovanu EO, **Foia CI***, Tamba BI, Szilagyi A, Costachescu I, Stanciu GD, Pavel LL, Mititelu-Tartau L. Anti-Inflammatory Efficacy of Nsaids and Their Combinations with Antibiotics in a Rat Model of Acute Carrageenan-Induced Inflammation. *The Medical-Surgical Journal*. **2026**;130(1):128-137. **IF=0,2**

[2025] [**Enhanced Anti-Inflammatory Efficacy of Nsaid–Antibiotic Combinations in Experimental Subacute Inflammation**](#)

Cosovanu EO, **Foia CI***, Ilie MG, Szilagyi A, Stanciu GD, Tamba BI, Pavel LL, Tartau LM. Enhanced Anti-Inflammatory Efficacy of Nsaid–Antibiotic Combinations in Experimental Subacute Inflammation. *The Medical-Surgical Journal*. **2025**;129(4):705-714. **IF=0,2**

Coautor

[2026] [**Diabetes Mellitus and Stroke: Pathophysiological Connections and Therapeutic Potential of GLP-1 and GLP-1/GIP Receptor Agonists**](#)

Paceana M-A, Tartau LM, Boboc IKS, Oancea CN, Berbecaru-Iovan A, **Foia CI**, Tartau CG, Bogdan M. Diabetes Mellitus and Stroke: Pathophysiological Connections and Therapeutic Potential of GLP-1 and GLP-1/GIP Receptor Agonists. *Pharmaceutics*. **2026**;18(5):620. **IF=5,5**

[2026] [**Salivary Prevalence of Four Oral Pathogens in Postpartum Women in Northeast Romania: An Exploratory Cross-Sectional Study**](#)

Nichitean G, Cosovanu ET, Bejan O, Ionescu S, Ivanov D, Damian C, Socolov D, Grigore M, Dimitriu CD, **Foia C**, Luchian I, Tatarciuc D, Caruntu ID, Iancu LS, Ursu RG. Salivary Prevalence of Four Oral Pathogens in Postpartum Women in Northeast Romania: An Exploratory Cross-Sectional Study. *Pathogens*. **2026**;15(5):507. **IF=3,3**

[2026] [**Renal Risk Awareness and Use Patterns of NSAIDs and Antibiotics in Primary Care Patients from North-Eastern Romania**](#)

Cosovanu EO, Bogdan M, Coman EA, **Foia CI**, Tartau CG, Cosovanu ET, Petroaie AD, Pavel LL, Pelin AM, Tartau LM. Renal Risk Awareness and Use Patterns of NSAIDs and Antibiotics in Primary Care Patients from North-Eastern Romania. *Medicina (Kaunas)*. **2026**;62(3):594. **IF=2,4**

- [2026] [Assessment of Dental Students' and General Dentistry Residents' Knowledge Regarding the Management of Anaphylactic Shock in the Dental Practice: A Single-Centre Study in Romania](#)
- Murariu A, Baci ER, Onică CA, Frăţilă DN, Brânzan RC, Bobu L, **Foia CI**, Lupu CI. Assessment of Dental Students' and General Dentistry Residents' Knowledge Regarding the Management of Anaphylactic Shock in the Dental Practice: A Single-Centre Study in Romania. *Dentistry Journal*. **2026**;14(2):75. **IF=3,1**
- [2026] [From Digital Planning to Personalised Surgical Integration: Total Temporomandibular Joint Prosthesis and Patient-Specific Plates in Bimaxillary Orthognathic Surgery](#)
- Baci ER, Onică CA, Murariu A, Geleţu GL, Lupu CI, **Foia CI**, Onică N. From Digital Planning to Personalised Surgical Integration: Total Temporomandibular Joint Prosthesis and Patient-Specific Plates in Bimaxillary Orthognathic Surgery. *Prosthesis*. **2026**;8(4):41. **IF=4,5**
- [2025] [Telemedicine and Digital Tools in Dentistry: Enhancing Diagnosis and Remote Patient Care](#)
- Surdu A, **Foia CI**, Luchian I, Trifan D, Budala DG, Scutariu MM, Ciupilan C, Puha B, Tatarciuc D. Telemedicine and Digital Tools in Dentistry: Enhancing Diagnosis and Remote Patient Care. *Medicina (Kaunas)*. **2025**;61(5):826. **IF=2,4**
- [2025] [The Impact of Mobile Applications on Improving Oral Hygiene Knowledge and Skills of Adolescents: A Scoping Review](#)
- Murariu A, Bobu L, Geleţu GL, Stoleriu S, Iovan G, Vasluianu RI, **Foia CI**, Zapodeanu D, Baci ER. The Impact of Mobile Applications on Improving Oral Hygiene Knowledge and Skills of Adolescents: A Scoping Review. *Journal of Clinical Medicine*. **2025**;14(9):2907. **IF=2,9**
- [2025] [Chitosan-Stabilized Lipid Vesicles for Sustained Release and Prolonged Analgesic Effects of Indomethacin in a Somatic Pain Model in Mice](#)
- Koush AA, Mititelu-Tartau L, **Foia CI**, Pauna A-MR, Buca BR, Popovici IA, Pavel LL, Plesea-Condratovici C, Stefanescu B. Chitosan-Stabilized Lipid Vesicles for Sustained Release and Prolonged Analgesic Effects of Indomethacin in a Somatic Pain Model in Mice. *The Medical-Surgical Journal*. **2025**;129(1):178-187. **IF=0,2**
- [2025] [Impact of Manganese Coordination and Cyclodextrin-Assisted Formulation on Thiabendazole Dissolution and Endothelial Cell Migration](#)
- Leferman CE, Ochiuz L, Stoica L, **Foia LG**, Minea B, Foia CI, Constantinescu V, Olariu O, Ciubotaru AD, Stoica BA. Impact of Manganese Coordination and Cyclodextrin-Assisted Formulation on Thiabendazole Dissolution and Endothelial Cell Migration. *Germs*. **2025**;16(1):1. **IF=1,7**
- [2025] [Impact of Smoking on Oral Status in Young Adults: a Comparative Analysis between Conventional Cigarettes and Heated Tobacco Products](#)
- Surdu AE, Trifan D, **Foia CI**, Sufaru I-G, Cioloca DP, Scutariu MM. Impact of Smoking on Oral Status in Young Adults: a Comparative Analysis between Conventional Cigarettes and Heated Tobacco Products. *Romanian Journal of Oral Rehabilitation*. **2025**;17(1):411-419. **IF=1,1**

- [2025] [The Influence of Socio-Demographic Factors on Knowledge and Perceptions of Dental Implants](#)
- Popovici IA, Botnariu EG, Giuvara R, Agop-Forna D, **Foia CI**, Surdu A, Cioloca D, Gheorghe L. The Influence of Socio-Demographic Factors on Knowledge and Perceptions of Dental Implants. *Romanian Journal of Oral Rehabilitation*. **2025**;17(1):485-495. **IF=1,1**
- [2024] [Enhanced Stability and In Vitro Biocompatibility of Chitosan-Coated Lipid Vesicles for Indomethacin Delivery](#)
- Abu Koush A, Popa EG, Pricop DA, Nita L, **Foia CI**, Pauna AR, Buca BR, Pavel LL, Mititelu-Tartau L. Enhanced Stability and In Vitro Biocompatibility of Chitosan-Coated Lipid Vesicles for Indomethacin Delivery. *Pharmaceutics*. **2024**;16(12):1574. **IF=5,5**
- [2024] [Anxiolytic-like Activity, Antioxidant Properties, and Facilitatory Effects on the Short-Term Memory Retention of Molsidomine in Rats](#)
- Mititelu-Tartau L, Bogdan M, Pavel LL, Rezus C, **Foia CI**, Dima N, Gurzu IL, Pelin AM, Buca BR. Anxiolytic-like Activity, Antioxidant Properties, and Facilitatory Effects on the Short-Term Memory Retention of Molsidomine in Rats. *Life (Basel)*. **2024**;14(3):306. **IF=3,4**
- [2023] [Behavioural Management of Children with Various Intellectual Disabilities – A Practical Guide](#)
- Toma V, Băsăscu T, Cenușă C, Savin C, Sîrghe A, Șerban-Pintiliciuc V, Adumitroaie A, **Foia C**, Mihalaș E, Marciuc D, Golovcencu L. Behavioural Management Of Children With Various Intellectual Disabilities – A Practical Guide. *Romanian Journal of Oral Rehabilitation*. **2023**;15(3):482-487. **IF=0,6**
- [2023] [Impact of Mouth Breathing on the Development of the Dento-Maxilo-Facial Complex in Children and Adolescents](#)
- Golovcencu L, Răschip L, Mirt D, Faur R, Savin C, Sîrghe A, Adumitroaie A, **Foia C**, Muntean A, Anistoroaei D, Toma V. Impact of Mouth Breathing on the Development of the Dento-Maxilo-Facial Complex in Children and Adolescents. *Romanian Journal of Oral Rehabilitation*. **2023**;15(4):387-394. **IF=0,6**

Articole publicate in extenso în reviste indexate BDI

Autor principal

- [2026] [Exploring Potential Correlations Between Oxidative Stress Markers and Inflammatory Pivotal Factors in Children with Hematological Malignancies](#)
- Foia CI**, Cosovanu EO, Ghemiș L, Tarțău AM, Cioloca D, Ciubotaru AD, Adumitroaie AE. Exploring Potential Correlations Between Oxidative Stress Markers and Inflammatory Pivotal Factors in Children with Hematological Malignancies. *Current Health Sciences Journal*. **2026**;52(1):55-64.
- [2025] [Potential Role of Chromium in Oral and Periodontal Health in Children with Type 1 Diabetes Mellitus](#)
- Burculeț R-C, Ciurcanu OE, Scutariu MM, Toma V, Fîrariu A-I, **Foia CI**. Potential Role of Chromium in Oral and Periodontal Health in Children with Type 1 Diabetes Mellitus. *Romanian Journal of Oral Rehabilitation*. **2025**;17(4):33-41

[2025] [Practical Approaches to Behavior Support in Children with Special Mental Health Needs – A Literature Review](#)

Toma V, Burdului DA, Pîrlog A, Mihalaş E, Vasîlca-Gavrilă L, **Foia C***, Spinei A, Adumitroaie A. Practical Approaches to Behavior Support in Children with Special Mental Health Needs – A Literature Review. *Romanian Journal of Oral Rehabilitation*. **2025**;17(4):197-203

Coautor

[2023] [Pharmacological Versus Psychological Treatment in Odontophobia: The Right Approach](#)

Ciubotaru AD, Leferman C-E, **Foia C**, Cojocaru K, Minea B, Goriuc A, Cioloca D. Pharmacological Versus Psychological Treatment in Odontophobia: The Right Approach. *Romanian Journal of Medical and Dental Education*. **2023**;12(6):30-38

26/05/2026