



**UNIVERSITATEA DE MEDICINĂ ȘI FARMACIE
GRIGORE T. POPA IAȘI**

Str. Universității nr.16, 700115, Iași, România
www.umfiasi.ro

Anexa 5

**STANDARDELE MINIMALE, NECESARE ȘI OBLIGATORII
PENTRU ÎNSCRIERE LA CONCURS
pentru ocuparea postului de Asistent Universitar
perioadă nedeterminată**

- Deținerea diplomei de Doctor în domeniul postului¹/Adeverinței Școala Doctorală
Adeverință școală doctorală - OPIS pagină 6
- Deținerea titlului de medic rezident sau a unui titlu medical superior la disciplinele de concurs cu corespondent în Rețeaua Sanitară, în specialitatea postului
Medic rezident Cardiologie - nu se aplică
- Minimum 2 lucrări în reviste din domeniul postului pentru care candidează (medicină, medicină dentară, farmacie sau științe ingineresti, în conformitate cu postul scos la concurs), in extenso, dintre care 1 articol în reviste cotate ISI, prim autor sau autor corespondent, 1 articol în reviste BDI, prim autor.

Lucrări în revistă cotate ISI²

1. *autor corespondent: 10.3390/life15081184, opus pagină 42-63*
2. *autor corespondent: 10.3390/pharmaceutics15021206, opus pagină 64-88*

Lucrări în revistă indexată BDI³

3. —
4. —

Pentru posturile de asistent, altele decât cele din domeniul sănătate și științe ingineresti (educație fizică, psihologie, limbi moderne), echivalarea standardelor minimale se face conform art.29, al.(9) din Metodologie.



RECTORAT
+40 232 211 818 tel / +40 232 211 820 fax
rectorat@umfiasi.ro



WORLD FEDERATION FOR
MEDICAL EDUCATION

eua EUROPEAN
UNIVERSITY
ASSOCIATION

¹ Nume diplomă, serie, număr

² Autori, titlu articol, nume revistă, volum, număr, paginatie, factor de impact al revistei pentru anul publicării articolului, link

³ Autori, titlu articol, nume revistă, volum, număr, paginatie, numele bazei internaționale de date, link

Article

Atorvastatin Confers Renoprotection and Modulates Inflammation in Diabetic Rats on a High-Fat Diet

Minela Aida Maranduca ^{1,2,†} , Andreea Clim ^{1,2,†}, Daniela Maria Tanase ^{2,3,*} , Cristian Tudor Cozma ^{1,4,*} , Mariana Floria ^{2,3} , Ioana Adelina Clim ⁵, Dragomir Nicolae Serban ¹ and Ionela Lacramioara Serban ¹

¹ Department of Morpho-Functional Sciences II, Discipline of Physiology, “Grigore T. Popa” University of Medicine and Pharmacy, 700115 Iași, Romania; minela.maranduca@umfiasi.ro (M.A.M.); clim.andreea@umfiasi.ro (A.C.); dragomir.serban@umfiasi.ro (D.N.S.); ionela.serban@umfiasi.ro (I.L.S.)

² Internal Medicine Clinic, “St Spiridon” County Clinical Emergency Hospital, 700111 Iași, Romania; floria.mariana@umfiasi.ro

³ Department of Internal Medicine, “Grigore T. Popa” University of Medicine and Pharmacy, 700115 Iași, Romania

⁴ “George I.M. Georgescu” Institute of Cardiovascular Diseases, 700503 Iași, Romania

⁵ Doctoral School of Medicine, “Victor Babes” University of Medicine and Pharmacy Timisoara, Eftimie Murgu Square 2, 300041 Timisoara, Romania; adelina.clim@umft.ro

* Correspondence: daniela.tanase@umfiasi.ro (D.M.T.); tudor.cozma@email.umfiasi.ro (C.T.C.)

† These authors contributed equally to this work.

Abstract

Objective: Uncovering the renoprotective and anti-inflammatory effects of atorvastatin treatment in diabetic-and-obese rats by employing traditional renal function indicators (urea and creatinine) and four prototypical cytokines (IL-1 β , il-6, IL-17 α , TNF α). **Method:** Twenty-eight male Wistar rats, aged 6 months, 350–400 g, were randomized into four groups. The first group, G-I, the denominated control, were fed standard chow over the whole course of the experiments. The rodents in G-II were exposed to a High-Fat Diet. The last two groups were exposed to Streptozotocin peritoneal injection (35 mg/kg of body weight). A short biochemical assessment was performed before diabetes model induction to ensure appropriate glucose metabolism before experiments. Following model induction, only rodents in group G-IV were gradually introduced to the same High-Fat Diet as received by G-II. Model confirmation 10 days after injections marked the start of statin treatment in group G-IV, by daily gavage of atorvastatin 20 mg/kg of body weight/day for 21 days. At the end of the experiments, the biochemical profile of interest comprised typical renal retention byproducts (urea and creatinine) and the inflammatory profile described using plasma levels of TNF α , IL-17 α , IL-6, and IL-1 β . **Results:** Treatment with Atorvastatin was associated with a statistically significant improvement in renal function in G-IV compared to untreated diabetic rodents in G-III. Changes in inflammatory activity showed partial association with statin therapy, TNF α and IL-17 α mirroring the trend in urea and creatinine values. **Conclusions:** Our results indicate that atorvastatin treatment yields a myriad of pleiotropic activities, among which renal protection was clearly demonstrated in this model of diabetic-and-obese rodents. The statin impact on inflammation regulation may not be as clear-cut, but the potential synergy of renal function preservation and partial tapering of inflammatory activity requires further research in severely metabolically challenged models.

Keywords: statin; inflammation; diabetes mellitus; obesity; pleiotropy; renoprotective



Academic Editor: Panagiotis Georgianos

Received: 11 June 2025

Revised: 18 July 2025

Accepted: 22 July 2025

Published: 25 July 2025

Citation: Maranduca, M.A.; Clim, A.; Tanase, D.M.; Cozma, C.T.; Floria, M.; Clim, I.A.; Serban, D.N.; Serban, I.L. Atorvastatin Confers Renoprotection and Modulates Inflammation in Diabetic Rats on a High-Fat Diet. *Life* **2025**, *15*, 1184. <https://doi.org/10.3390/life15081184>

Copyright: © 2025 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

Review

The Impact of Angiotensin-Converting Enzyme-2/Angiotensin 1-7 Axis in Establishing Severe COVID-19 Consequences

Minela Aida Maranduca ^{1,2,†} , Daniela Maria Tanase ^{1,3,†} , Cristian Tudor Cozma ^{2,*} , Nicoleta Dima ^{1,3}, Andreea Clim ², Alin Constantin Pinzariu ², Dragomir Nicolae Serban ² and Ionela Lacramioara Serban ²

¹ Internal Medicine Clinic, “St. Spiridon” County Clinical Emergency Hospital, 700115 Iasi, Romania

² Department of Morpho-Functional Sciences II, Discipline of Physiology, “Grigore T. Popa” University of Medicine and Pharmacy, 700115 Iasi, Romania

³ Department of Internal Medicine, “Grigore T. Popa” University of Medicine and Pharmacy, 700115 Iasi, Romania

* Correspondence: cozmaturd19@gmail.com

† These authors contributed equally to this work.

Abstract: The COVID-19 pandemic has put a tremendous stress on the medical community over the last two years. Managing the infection proved a lot more difficult after several research communities started to recognize the long-term effects of this disease. The cellular receptor for the virus was identified as angiotensin-converting enzyme-2 (ACE2), a molecule responsible for a wide array of processes, broadly variable amongst different organs. Angiotensin (Ang) 1-7 is the product of Ang II, a decaying reaction catalysed by ACE2. The effects observed after altering the level of ACE2 are essentially related to the variation of Ang 1-7. The renin-angiotensin-aldosterone system (RAAS) is comprised of two main branches, with ACE2 representing a crucial component of the protective part of the complex. The ACE2/Ang (1-7) axis is well represented in the testis, heart, brain, kidney, and intestine. Infection with the novel SARS-CoV-2 virus determines downregulation of ACE2 and interrupts the equilibrium between ACE and ACE2 in these organs. In this review, we highlight the link between the local effects of RAAS and the consequences of COVID-19 infection as they arise from observational studies.

Keywords: renin-angiotensin-aldosterone system; RAAS; angiotensin-converting enzyme-2; ACE2; angiotensin 1-7; Ang (1-7); COVID-19; long-term effects



Citation: Maranduca, M.A.; Tanase, D.M.; Cozma, C.T.; Dima, N.; Clim, A.; Pinzariu, A.C.; Serban, D.N.; Serban, I.L. The Impact of Angiotensin-Converting Enzyme-2/Angiotensin 1-7 Axis in Establishing Severe COVID-19 Consequences. *Pharmaceutics* **2022**, *14*, 1906. <https://doi.org/10.3390/pharmaceutics14091906>

Academic Editors: Jesus Perez-Gil, Maria Nowakowska, Radu Iliescu and Ionut Tudorancea

Received: 31 July 2022

Accepted: 3 September 2022

Published: 8 September 2022

Publisher’s Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

1. Introduction

Angiotensin-converting enzyme-2 (ACE2), a type I transmembrane protein expressed in many organs such as the heart, kidneys, lungs (type II alveolar cell), and intestine, plays a central role in the pathology of COVID-19 infection [1]. As it was in the case of SARS-CoV, the coupling of the virus molecule to the ACE2 receptor leads to fusion and downregulation [2,3]. Angiotensin-converting enzyme (ACE) and ACE2 are involved in the function regulation of several organs, metabolic condition, and, ultimately, the renin-angiotensin-aldosterone system (RAAS). Currently, this axis is described as two closely interlocking components: a deleterious arm—ACE—and a protective arm—ACE2 [4]. Despite the beneficial side of ACE2, a higher propensity for severe forms of infection has been previously assigned to higher levels of circulating ACE2 [5]. The vast majority of the effects precipitated by COVID-19 infection on key peripheral organs are linked to derangement of the ACE2/ACE axis. There is an ever-growing number of studies focused on observing the impact of the infection outside the lung. Additionally, the considerable amount of medical records allows for a thorough analysis of risk factors.

In this review, we aim to shed light on the molecular mechanisms underlying the tremendous consequences of COVID-19 infection, while keeping the RAAS at the heart of the discussion.