



STANDARDELE MINIMALE, NECESARE ȘI OBLIGATORII
PENTRU ÎNSCRIERE LA EXAMENUL DE PROMOVARE
pentru titlul didactic de **Conferențiar universitar**
Candidat: Șef Lucr. Dr. Ovidiu Mitu

Domeniile Medicină și Farmacie

- Deținerea diplomei de Doctor în domeniul postului¹
[Diplomă de Doctor în domeniul Medicină – seria J Nr. 0022573](#)
- Deținerea titlului de medic/farmacist primar la disciplinele de concurs cu corespondent în Rețeaua Sanitară, în specialitatea postului¹. În cazul specialităților înființate în ultimii 5 ani, candidatul pentru funcția de conferențiar va face dovada deținerii titlului de medic specialist în specialitatea postului și a titlului de medic primar într-o alta specialitate conexasă sau mai largă.
[Certificat de Medic Primar în specialitatea Cardiologie – Ordinul M.S. nr. 2911/28.08.2023, seria P1 Nr. 026379](#)
- Dovada că desfășoară activitatea profesională didactică cu studenții, în specialitatea corespunzătoare disciplinei postului didactic scos la concurs, într-o secție/clinică în care se desfășoară activități de învățământ cu studenții și rezidenții și cu care Universitatea are contract de colaborare (pentru posturile din domeniul Medicină, specialitățile clinice, care au corespondent în rețeaua Ministerului Sănătății)
[Adeverință Spitalul Clinic Județean de Urgență Sf. Spiridon Iași](#)
- 6 articole ISI² autor principal, publicate în reviste din domeniul postului pentru care candidează (medicină, medicină dentară, farmacie), dintre care 5 de la ultima promovare

¹ Nume diplomă, serie, număr

² Autori, titlu articol, nume revistă, volum, număr, paginatie, factor de impact al revistei pentru anul publicării articolului, link



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1. [Raul-Alexandru Jigoranu, Ovidiu Mitu* \(autor corespondent\), Alexandru Dan Costache, Alexandru Oancea, Radu Stefan Miftode, Ana Maria Buburuz, Amin Bazyani, Paul Simion, Radu Sebastian Gavril, Petru Cianga, Mihail Sebastian Harnau, Viviana Onofrei, Antoniu Octavian Petris, Irina Iuliana Costache Enache, Florin Mitu. Moving Beyond LDL-C and Non-HDL-C: Apolipoprotein B as the Stronger Lipid-Related Predictor of Coronary Artery Disease in Statin-Treated Patients. *Diagnostics* 2025; 15\(23\):3002. FI = 3.3. <https://www.mdpi.com/2075-4418/15/23/3002>](#)
2. [Ovidiu Mitu, R.S. Miftode, F. Mitu, Manuela Ciocoiu, Ivona Mitu. Arterial stiffness assessment in abdominally obese individuals: insights from clinical obesity phenotypes. *Med Surg J.* 2025; 129\(1\):43-52. FI = 0.2. <https://revmedchir.ro/index.php/revmedchir/article/view/3140>](#)
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4. [Raul-Alexandru Jigoranu, Mihai Roca, Alexandru-Dan Costache, Ovidiu Mitu* \(contributie egala\), Alexandru-Florinel Oancea, Radu Stefan Miftode, Mihai Stefan Cristian Haba, Eosefina Gina Botnariu, Alexandra Mastaleru, Radu-Sebastian Gavril, Bogdan-Andrei Trandabat, Sabina Ioana Chirica, Raluca Maria Haba, Maria Magdalena Leon, Irina-Iuliana Costache, Florin Mitu. Novel Biomarkers for Atherosclerotic Disease: Advances in Cardiovascular Risk Assessment. *Life\(Basel\)*. 2023; 13\(8\):1639. FI = 3.2. <https://www.mdpi.com/2075-1729/13/8/1639>](#)
5. [Radu-Stefan Miftode, Irina-Iuliana Costache, Daniela Constantinescu, Ovidiu Mitu* \(contributie egala\), Amalia-Stefana Timpau, Monica Hancianu, Daniela-Anicuta Leca, Ionela-Larisa Miftode, Raul-Alexandru Jigoranu, Alexandru-Florinel Oancea, Mihai Stefan Cristian Haba, Diandra Ioana Miftode, Ionela-Lacramioara Serban. Syndecan-1: From a Promising Novel Cardiac Biomarker to a Surrogate Early Predictor of Kidney and Liver Injury in Patients with Acute Heart Failure. *Life\(Basel\)*. 2023; 13\(4\):898. FI = 3.2. <https://www.mdpi.com/2075-1729/13/4/898>](#)
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7. [Viviana Aursulesei Onofrei, Alexandr Ceasovschih, Razvan Constantin Anghel, Mihai Roca, Dragos Traian Marius Marcu, Cristina Andreea Adam, Ovidiu Mitu* \(contributie egala\), Carmen Cumpat, Florin Mitu, Adrian Crisan, Cristian Mihai Stefan Haba, Bogdan Artene. Subendocardial Variability Ratio Predictive Value for Cardiovascular Risk in Hypertensive Patients. *Medicina* 2023; 59\(1\):24. FI = 2.4. <https://www.mdpi.com/1648-9144/59/1/24>](#)
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9. [Radu Stefan-Miftode, Daniela Constantinescu, Corina-Maria Cianga, Antoniu-Octavian Petris, Irina-Iuliana Costache, Ovidiu Mitu* \(contributie egala\), Ionela-Larisa Miftode, Ivona Mitu, Amalia-Stefana Timpau, Stefania-Teodora Duca, Alexandru-Dan Costache, Petru Cianga, Ionela-Lacramioara Serban. A Rising Star of the Multimarker Panel: Growth Differentiation Factor-15 Levels Are an Independent Predictor of Mortality in Acute Heart Failure Patients Admitted to an Emergency Clinical Hospital from Eastern Europe. *Life\(Basel\)*. 2022; 12\(12\): 1948. FI = 3.2. <https://www.mdpi.com/2075-1729/12/12/1948>](#)
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12. [Alexandru Dan Costache, Mihai Roca, Cezar Honceriu, Irina Iuliana Costache, Maria Magdalena Leon Constantin, Ovidiu Mitu* \(contributie egala\), Radu Stefan Miftode, Alexandra Mastaleru, Dan Iliescu Halitchi, Codruta Olimpiada Halitchi Iliescu, Adriana Ion, Stefania Teodora Duca, Delia Melania Popa,](#)

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13. Razvan Anghel, Cristina Andreea Adam, Ovidiu Mitu* (autor corespondent), Dragos Traian Marius Marcu, Viviana Onofrei, Mihai Roca, Alexandru Dan Costache, Radu Stefan Miftode, Grigore Tinica, Florin Mitu. Cardiac rehabilitation and mortality risk reduction in peripheral artery disease at 6-month outcome. *Diagnostics.* 2022; 12(6):1500. FI = 3.6. <https://www.mdpi.com/2075-4418/12/6/1500>

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15. Ivona Mitu, Cristina Preda, Cristina Daniela Dimitriu, Ovidiu Mitu* (autor corespondent), Irina Iuliana Costache, Manuela Ciocoiu. Metabolic phenotypes – the game changer in quality of life of obese patients? *Healthcare.* 2022; 10(4):617. FI = 2.8. <https://www.mdpi.com/2227-9032/10/4/617>

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17. Andreea Maria Ursaru, Irina Iuliana Costache, Antoniu Octavian Petris, Mihai Stefan Cristian Haba, Ovidiu Mitu* (autor corespondent), Adrian Crisan, Nicolae Dan Tesloianu. Optimal timing of cardioverter-defibrillator implantation in patients with left ventricular dysfunction after acute myocardial infarction. *Rev Cardiovasc Med.* 2022; 23(4): 124. FI = 2.7. <https://www.imrpress.com/journal/RCM/23/4/10.31083/j.rcm2304124>

18. Adriana Ion, Celina Stafie, Ovidiu Mitu* (contributie egala), Cosmina Elena Ciobanu, Dan Iliescu Halitchi, Alexandru Dan Costache, Cezara Bobric, Roxana Troase, Ivona Mitu, Bogdan Huzum, Stefania Teodora Duca, Irina Iuliana Costache. Biomarkers utility: at the borderline between cardiology and neurology. *J Cardiovasc Dev Dis.* 2021; 8(11):139. FI = 4.41. <https://www.mdpi.com/2308-3425/8/11/139>

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20. Ovidiu Mitu, Adrian Crisan, Simon Redwood, Ioan-Eliau Cazacu-Davidescu, Ivona Mitu, Irina-Iuliana Costache, Viviana Onofrei, Radu-Stefan Miftode, Alexandru-Dan Costache, Cristian Mihai Stefan Haba, Florin Mitu. The relationship between cardiovascular risk scores and several markers of subclinical atherosclerosis in an asymptomatic population. *J Clin Med.* 2021; 10(5):955. FI = 4.96. <https://www.mdpi.com/2077-0383/10/5/955>

• 3 articole ISI² co-autor, publicate în reviste din domeniul postului pentru care candidează (medicină, medicină dentară, farmacie), dintre care 2 de la ultima promovare

1. Alexandru-Florinel Oancea, Paula Cristina Morariu, Maria Godun, Stefan Dorin Dobreanu, Miron Mihnea, Diana Gabriela Iosep, Ana Maria Buburuz, Ovidiu Mitu, Alexandru Burlacu, Diana-Elena Floria, Raluca Mitea, Andrei Vata, Daniela Maria Tanase, Antoniu Octavian Petris, Irina-Iuliana Costache-Enache, Mariana Floria. Atrial Fibrillation Risk Scores as Potential Predictors of Significant Coronary Artery Disease in Chronic Coronary Syndrome: A Novel Diagnostic Approach. *Life(Basel).* 2025; 15(7):1134. FI = 3.4. <https://www.mdpi.com/2075-1729/15/7/1134>

2. Theodor Constantin Stamate, Cristina Andreea Adam, Radu Sebastian Gavril, Radu Stefan Miftode, Andreea Rotundu, Ovidiu Mitu, Doina Clementina Cojocar, Grigore Tinica, Florin Mitu. Cardiac Rehabilitation in TAVI Patients: Safety and Benefits: A Narrative Review. *Medicina* 2025; 61(4):648. FI = 2.4. <https://www.mdpi.com/1648-9144/61/4/648>

3. Andrei Drugescu, Radu Sebastian Gavril, Ioana Madalina Zota, Alexandru Dan Costache, Oana Irina Gavril, Mihai Roca, Teodor Flaviu Vasilcu, Ovidiu Mitu, Maria Magdalena Leon, Daniela Cristina Dimitriu, Cristina Mihaela Ghiciuc, Florin Mitu. Inflammatory and Fibrosis Parameters Predicting CPET Performance in Males with Recent Elective PCI for Chronic Coronary Syndrome. *Life(Basel).* 2025; 15(4):510. FI = 3.4. <https://www.mdpi.com/2075-1729/15/4/510>

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- Sebastian Gavril, Diana Elena Cosau, Andreea Rotundu, Alice Ioana Amagdalinei, Ovidiu Mitu, Irina Iuliana Costache Enache, Florin Mitu. High-Intensity Interval Training vs. Medium-Intensity Continuous Training in Cardiac Rehabilitation Programs: A Narrative Review. *Medicina* 2024; 60(11):1875. FI = 2.4. <https://www.mdpi.com/1648-9144/60/11/1875>
5. Alexandru-Florinel Oancea, Paula Cristina Morariu, Ana Maria Buburuz, Ionela-Larisa Miftode, Radu Stefan Miftode, Ovidiu Mitu, Alexandru Jigoranu, Diana-Elena Floria, Amalia Timpau, Andrei Vata, Claudia Plesca, Gina Botnariu, Alexandru Burlacu, Dragos-Viorel Scripcariu, Mitea Raluca, Magdalena Cuciureanu, Daniela Maria Tanase, Irina Iuliana Costache-Enache, Mariana Floria. Spectrum of Non-Obstructive Coronary Artery Disease and its Relationship with Atrial Fibrillation. *J Clin Med.* 2024; 13(16):4921. FI = 2.9. <https://www.mdpi.com/2077-0383/13/16/4921>
 6. Adriana Chetran, Minerva Codruta Badescu, Ionela Lacramioara Serban, Stefania Teodora Duca, Irina Afrasanie, Maria-Ruxandra Cepoi, Bianca Ana Dmour, Iulian Theodor Matei, Mihai Stefan Cristian Haba, Alexandru Dan Costache, Ovidiu Mitu, Corina Maria Cianga, Cristina Tuchilus, Daniela Constantinescu, Irina Iuliana Costache-Enache. Insights into the Novel Cardiac Biomarker in Acute Heart Failure: Mybp-C. *Life(Basel).* 2024; 14(4):513. FI = 3.4. <https://www.mdpi.com/2075-1729/14/4/513>
 7. Stefania-Teodora Duca, Minerva Codruta Badescu, Alexandru-Dan Costache, Adriana Chetran, Radu Stefan Miftode, Ionut Tudorancea, Ovidiu Mitu, Irina Afrasanie, Radu-George Ciorap, Ionela-Lacramioara Serban, Robert Paval, Bianca Dmour, Maria-Ruxandra Cepoi, Irina-Iuliana Costache-Enache. Harmony in Chaos: Deciphering the Influence of Ischemic Cardiomyopathy and Non-Cardiac Comorbidities on Holter ECG Parameters in Chronic Heart Failure Patients: A Pilot Study. *Medicina* 2024; 60(2):342. FI = 2.4. <https://www.mdpi.com/1648-9144/60/2/342>
 8. Alexandru Dan Costache, Bogdan Emilian Ignat, Cristina Grosu, Alexandra Mastaleru, Irina Abdulan, Andra Oancea, Mihai Roca, Maria Magdalena Leon, Minerva Codruta Badescu, Stefana Luca, Alexandru Raul Jigoranu, Adriana Chetran, Ovidiu Mitu, Irina Iuliana Costache, Florin Mitu. Inflammatory Pathways in Overweight and Obese Persons as a Potential Mechanism for Cognitive Impairment and Earlier Onset Alzheimer's Dementia in the General Population: A Narrative Review. *Biomedicines* 2023; 11(12):3233. FI = 3.9. <https://www.mdpi.com/2227-9059/11/12/3233>
 9. Minerva Codruta Badescu, Oana Viola Badulescu, Alexandru Dan Costache, Ovidiu Mitu, Vasile Valeriu Lupu, Bianca-Ana Dmour, Ancuta Lupu, Liliana Georgeta Foia, Irina-Iuliana Costache, Ciprian Rezus. Atherosclerosis in Patients with Congenital Hemophilia: A Focus on Peripheral Artery Disease. *Life(Basel).* 2023; 13(11):2221. FI = 3.2. <https://www.mdpi.com/2075-1729/13/11/2221>
 10. Cezar Honceriu, Mihai Roca, Alexandru Dan Costache, Beatrice Abalasei, Lucian Popescu, Alexandru Rares Puni, Alexandra Mastaleru, Andra Oancea, Andrei Drugescu, Cristina Adam, Ovidiu Mitu, Irina-Iuliana Costache, Maria-Magdalena Leon, Iulia Cristina Roca, Veronica Mocanu, Florin Mitu. Blood and Salivary Cortisol Variations in Athletes in Relation to Cardiopulmonary Exercise Testing. *Medicina* 2023; 59(10):1726. FI = 2.4. <https://www.mdpi.com/1648-9144/59/10/1726>
 11. Cristina Andreea Adam, Dragos Traian Marius Marcu, Ovidiu Mitu, Mihai Roca, Viviana Aursulesei Onofrei, Mihai Lucian Zabara, Laura Carina Tribus, Carmen Cumpat, Radu Crisan Dabija, Florin Mitu. Old and Novel Predictors for Cardiovascular Risk in Diabetic Foot Syndrome – A Narrative Review. *Appl Sci.* 2023; 13(10):5990. FI = 2.5. <https://www.mdpi.com/2076-3417/13/10/5990>
 12. Stefania-Teodora Duca, Mihai Roca, Alexandru-Dan Costache, Adriana Chetran, Irina Afrasanie, Radu-Stefan Miftode, Ionut Tudorancea, Iulian Matei, Radu-George Ciorap, Ovidiu Mitu, Minerva Codruta Badescu, Dan Iliescu-Halitchi, Codruta-Olimpiada Halitchi-Iliescu, Florin Mitu, Catalina Lionte, Irina-Iuliana Costache. T-Wave Analysis on the 24 h Holter ECG Monitoring as a Predictive Assessment of Major Adverse Cardiovascular Events in Patients with Myocardial Infarction: A Literature Review and Future Perspectives. *Life(Basel).* 2023; 13(5):1155. FI = 3.2. <https://www.mdpi.com/2075-1729/13/5/1155>
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 14. Andrei Drugescu, Mihai Roca, Madalina Zota, Alexandru-Dan Costache, Maria Magdalena Leon-Constantin, Oana Irina Gavril, Radu Sebastian Gavril, Teodor Flaviu Vasilcu, Ovidiu Mitu, Cristina Mihaela Ghiciuc, Florin Mitu. Relationships between Easily Available Biomarkers and Non-Dipper Blood Pressure Pattern in Patients with Stable Coronary Artery Disease. *Life(Basel).* 2023; 13(3):640. FI = 3.2.

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16. [Alexandru-Dan Costache, Maria-Magdalena Leon-Constantin, Mihai Roca, Alexandra Mastaleru, Razvan-Constantin Anghel, Ioana-Madalina Zota, Andrei Drugescu, Irina-Iuliana Costache, Adriana Chetran, Stafana-Maria Moisa, Bogdan Huzum, Ovidiu Mitu, Carmen Cumpat, Cezar Honceriu, Florin Mitu. Cardiac Biomarkers in Sports Cardiology. *J Cardiovasc Dev Dis* 2022; 9\(12\):453. FI = 2.4. <https://www.mdpi.com/2308-3425/9/12/453>](#)
17. [Adriana Chetran, Alexandru Dan Costache, Carmen Iulia Ciongradi, Stefania Teodora Duca, Ovidiu Mitu, Victorita Sorodoc, Corina Maria Cianga, Cristina Tuchilus, Ivona Mitu, Raluca Daria Mitea, Minerva Codruta Badescu, Irina Afrasanie, Bogdan Huzum, Stefana Maria Moisa, Cristian Sorin Prepeliuc, Mihai Roca, Irina Iuliana Costache. ECG and Biomarker Profile in Patients with Acute Heart Failure: A Pilot Study. *Diagnostics* 2022; 12\(12\): 3037. FI = 3.6. <https://www.mdpi.com/2075-4418/12/12/3037>](#)
18. [Amalia Stefana Timpau, Radu Stefan Miftode, Daniela Leca, Razvan Timpau, Ionela Larisa Miftode, Antoniu Octavian Petris, Irina Iuliana Costache, Ovidiu Mitu, Ana Nicolae, Alexandru Oancea, Alexandru Jigoranu, Cristina Gabriela Tuchilus, Egidia Gabriela Miftode. A real Pandora's box in pandemic times: a narrative review on the acute cardiac injury duet o COVID-19. *Life\(Basel\)*. 2022; 12\(7\):1085. FI = 3.2. <https://www.mdpi.com/2075-1729/12/7/1085>](#)
19. [Stefania Teodora Duca, Adriana Chetran, Radu Stefan Miftode, Ovidiu Mitu, Alexandru Dan Costache, Ana Nicolae, Dan Iliescu Halitchi, Codruta Olimpiada Halitchi Iliescu, Florin Mitu, Irina Iuliana Cistache. Myocardial ischemia in patients with COVID-19 infection: between pathophysiological mechanisms and electrocardiographic findings. *Life\(Basel\)*. 2022; 12\(7\):1015. FI = 3.2. <https://www.mdpi.com/2075-1729/12/7/1015>](#)
20. [Andrei Drugescu, Mihai Roca, Ioana Madalina Zota, Alexandru Dan Costache, Oana Irina Gavrila, Radu Sebastian Gavrila, Teodor Flaviu Vasilecu, Ovidiu Mitu, Irina Mihaela Esanu, Iulia Cristina Roca, Cristina Mihaela Ghiciuc, Florin Mitu. Value of the neutrophil to lymphocyte ratio and platelet to lymphocyte ratio in predicting CPET performance in patients with stable CAD and recent elective PCI. *Medicina*. 2022; 58\(6\):814. FI = 2.6. <https://www.mdpi.com/1648-9144/58/6/814>](#)
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22. [Alexandru Dan Costache, Irina Iuliana Costache, Radu Stefan Miftode, Celina Silvia Stafie, Maria-Magdalena Leon-Constantin, Mihai Roca, Andrei Drugescu, Delia Melania Popa, Ovidiu Mitu, Ivona Mitu, Larisa Ionela Miftode, Dan Iliescu, Cezar Honceriu, Florin Mitu. Beyond the finish line: the impact and dynamics of biomarkers in physical exercise – a narrative review. *J Clin Med*. 2021; 10\(21\):4978. FI = 4.96. <https://www.mdpi.com/2077-0383/10/21/4978>](#)
23. [Radu Stedan Miftode, Daniela Constantinescu, Corina Maria Cianga, Antoniu Octavian Petris, Amalia Stefana Timpau, Adrian Crisan, Irina Iuliana Costache, Ovidiu Mitu, Dana Teodora Anton-Paduraru, Ionela Larisa Miftode, Mariana Pavel-Tanasa, Petru Cianga, Ionela-Lacramioara Serban. A novel paradigm based on ST2 and its contribution towards a multimarker approach in the diagnosis and prognosis of heart failure: a prospective study during the pandemic storm. *Life\(Basel\)*. 2021; 11\(10\):1080. FI = 3.25. <https://www.mdpi.com/2075-1729/11/10/1080>](#)
24. [Mihai Stefan Cristian Haba, Dragomir Serban, Lacramioara Serban, Ivona Maria Tudorancea, Raluca Maria Haba, Ovidiu Mitu, Radu Iliescu, Ionut Tudorancea. Nanomaterial-based drug targeted therapy for cardiovascular diseases: ischemic heart failure and atherosclerosis. *Crystals*. 2021; 11\(10\):1172. FI = 2.67. <https://www.mdpi.com/2073-4352/11/10/1172>](#)
25. [Ioana Madalina Zota, Cristian Statescu, Radu Andy Sascau, Mihai Roca, Larisa Anghel, Ovidiu Mitu, Cristina Miahela Ghiciuc, Daniela Boisteanu, Razvan Anghel, Sebastian Romica Cozma, Lucia Corina Dima-Cozma, Florin Mitu. Arterial stiffness assessment using the Arteriograph in patients with](#)

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- Factor cumulat de impact (autor principal) - 6

$$\text{FCIAP} = 3.3 + 0.2 + 2.5 + 3.2 + 3.2 + 3.9 + 2.4 + 4.1 + 3.2 + 3.6 + 3.2 + 3.9 + 3.6 + 3.2 + 2.8 + 3.9 + 2.7 + 4.41 + 2.75 + 4.96 = \mathbf{65.02}$$

*Notă asupra metodei de calcul (pentru domeniul **Medicină**):*

1. Va fi luat în considerare Indexul Hirsch calculat utilizând ISI Web of Science, Core Collection, Clarivate Analytics, pentru întreaga carieră a candidatului ("all years")
2. O revistă cotate ISI este o revistă pentru care Clarivate Analytics calculează și publică factorul de impact în "Journal Citation Reports"
3. Autorul sau autorii principali ai unei publicații se consideră a fi oricare dintre următorii:
 - a) Primul autor
 - b) Autorul corespondent
 - c) Alți autori, a căror contribuție este indicată explicit în cadrul publicației a fi egală cu contribuția primului autor sau a autorului corespondent
 - d) Ultimul autor
4. Factorul cumulat de impact va fi calculat pentru articolele la care candidatul este autor principal (FCIAP)
FCIAP – suma factorilor de impact ai articolelor publicate de autor în calitate de autor principal în reviste cotate ISI.
5. În analiză vor fi incluse articole originale și reviews. În cazul publicațiilor în reviste cu factor de impact mai mare decât 3, pot fi luate în considerare și alte tipuri de publicații în extenso (nu rezumate).