

UNIVERSITATEA DIN ORADEA
FACULTATEA DE MEDICINĂ ȘI FARMACIE
Departamentul de Psihoneuroștiințe și Recuperare

LISTA DE LUCRĂRI

Candidat	BUT VALERIU-MIHAI
Postul pentru care candidează	Asistent universitar, poziția 70
Disciplinele postului	Oncologie; Paliative care; Îngrijiri paliative
Facultatea / Departamentul	Facultatea de Medicină și Farmacie / Departamentul de Psihoneuroștiințe și Recuperare

a) Titlul tezei sau tezelor de doctorat

1. Efectele terapeutice ale *Lavandula angustifolia* asupra trombozei induse experimental. Teză de doctorat, domeniul Medicină, Universitatea de Medicină și Farmacie „Iuliu Hațieganu” Cluj-Napoca, Școala Doctorală, 2025.
Conducător de doctorat: Prof. dr. Simona Valeria Clichici.

b) Titlul tezei sau tezelor de abilitare (dacă este cazul)

Nu este cazul.

c) Lista cărților și capitolelor în cărți care conțin informații în concordanță cu disciplinele postului

1. **But VM**, Mișuțiu S. *Compendiu de oncologie medicală*. București: Editura Etna; 2026. ISBN 978-630-6644-38-4.
Sursă online: https://aleph.bibnat.ro/F?func=direct&local_base=NOICP&doc_number=002051208
2. Mișuțiu S, **But VM**, Molnar O, Abrudan R, Lupău C, Păcaș A, Soare I. *Oncologie medicală pentru medicii de familie*. București: Editura Etna; 2026. ISBN 978-630-6644-33-9.
Sursă online: https://aleph.bibnat.ro/F/EFMB3XG89HD7J9DQ9UFKS697J1D98SLGRJ8CRYUTGKL1IMJ1V5-06616?func=full-set-set&set_number=016446&set_entry=000002&format=999

d) Lista completă de lucrări științifice

d.1. Articole/studii in extenso publicate în reviste științifice internaționale indexate ISI/WoS

1. Elsaafin M, Stoica AM, Mariș M, Coșarcă AS, Bereșescu L, Elsaafin A, Păcurar M, **But VM**. Bone–Screw–Force Interactions in Palatal Orthodontic Mini-Implants: A Scoping Review and Decision Framework for Primary Stability and Biomechanically Driven Site Selection. *Journal of Functional Biomaterials*. 2026;17(8):360. e-ISSN 2079-4983. Publicat la 26.07.2026;
DOI: <https://doi.org/10.3390/jfb17080360>
2. **But VM**, Elsaafin M, Pacurar M, Stoica AM, Bica CI, Pallag A, Muresan M. Essential Oils Modulating Inflammation, Oxidative Stress, Endothelial Dysfunction, and Thrombotic Pathways: Relevance to Thromboinflammation and Translational Perspectives. *Biomolecules*. 2026;16(5):654. e-ISSN 2218-273X.
DOI: <https://doi.org/10.3390/biom16050654>
3. **But VM**, Roșu SN, Bica CI, Vlasa A, Coman TM, Haddad CD, Stoica AM, Pacurar M, Elsaafin M. Sleep-Disordered Breathing and Behavioral Symptoms in Pediatric Orthodontic Patients: A Multicenter Cross-Sectional Study. *Journal of Clinical Medicine*. 2026;15(9):3386. e-ISSN 2077-0383.
DOI: <https://doi.org/10.3390/jcm15093386>
4. Elsaafin M, Haddad CD, Ioana TR, Moldovan M, Golu MV, **But VM**, Roșu SN. The Impact of Light-Curing Time on Shear Bond Strength and Adhesive Remnant Index (ARI). *Journal of Clinical Medicine*. 2026;15(5):1890. e-ISSN 2077-0383.
DOI: <https://doi.org/10.3390/jcm15051890>
5. **But VM**, Rus V, Ilyés T, Gherman ML, Stănescu IC, Bolboacă SD, Bulboacă AE. Therapeutic Effects of Lavender Oil on Streptozotocin-Induced Diabetes Mellitus and Experimental Thrombosis. *Antioxidants*. 2025;14(2):166. e-ISSN 2076-3921.
DOI: <https://doi.org/10.3390/antiox14020166>
6. **But VM**, Rus V, Ilyés T, Gherman ML, Stănescu IC, Bolboacă SD, Bulboacă AE. Adjuvant Effects of Lavandula angustifolia Oil in Experimental Carrageenan-Induced Thrombosis. *Applied Sciences*. 2024;14(5):1852. e-ISSN 2076-3417.
DOI: <https://doi.org/10.3390/app14051852>
7. **But VM**, Bulboacă AE, Rus V, Ilyés T, Gherman ML, Bolboacă SD. Anti-inflammatory and antioxidant efficacy of lavender oil in experimentally induced thrombosis. *Thrombosis Journal*. 2023;21:85. e-ISSN 1477-9560.
DOI: <https://doi.org/10.1186/s12959-023-00516-0>

d.2. Articole/studii in extenso publicate în reviste științifice indexate în baze de date internaționale (BDI)

1. Bereczki LS, **But VM**. Real-world analysis on de novo hormone-sensitive metastatic prostate cancer: three years' experience of a regional center in Romania. *Oncolog-Hematolog.ro*. 2025;73(4):26–36. ISSN 2066-8716; e-ISSN 2066-8260. Indexare BDI: EBSCO Academic Search (Accession No. 190809045); DOAJ.
DOI: <https://doi.org/10.26416/OnHe.73.4.2025.11287>
2. **But VM**, Bolunduț D, Bolboacă SD, Bulboacă AE. First Semester of Online Medical Education During the Coronavirus Disease 2019 Pandemic: A Single University Experience. *Applied Medical Informatics*. 2022;44(2):57–72. e-ISSN 2067-7855.
Sursă online: <https://ami.info.umfcluj.ro/index.php/AMI/article/view/903>
3. **But VM**, Bulboacă AI, Bolunduț D, Boarescu PM, Bulboacă AE. Medical Education – From Traditional Learning Methods to E-Learning Methods. *Applied Medical Informatics*. 2020;42(1):1–8. e-ISSN 2067-7855.
Sursă online: <https://ami.info.umfcluj.ro/index.php/AMI/article/view/756>

d.3. Articole/studii in extenso publicate în reviste științifice din alte categorii

Nu este cazul.

d.4. Publicații in extenso apărute în lucrările unor conferințe naționale/internaționale de specialitate

Nu au fost identificate în fișa de verificare publicații in extenso distincte în această categorie.

d.5. Publicații sub formă de rezumat apărute în volumele unor conferințe naționale/internaționale de specialitate

1. **But VM**, Rus V, Ilyés T, Gherman ML, Stănescu IC, Bolboacă SD, Bulboacă AE. *Effects of Lavandula angustifolia oil on diabetic rats with carrageenan-induced thrombosis*. Annual Meeting UMF 2024. Medicine and Pharmacy Reports. 2024;97(Suppl 1):S153. Cluj-Napoca.
Sursă online: <https://medpharmareports.com/public/public/Supplements/2024-supplement-1.pdf>
2. **But VM**, Rus V, Ilyés T, Gherman ML, Stănescu IC, Bolboacă SD, Bulboacă AE. *Lavender oil enhances the effect of nadroparin calcium in experimental thrombosis*. Annual Meeting UMF 2023. Medicine and Pharmacy Reports. 2023;96(Suppl 1):S181. Cluj-Napoca.
Sursă online: <https://medpharmareports.com/public/public/Supplements/2023-supplement-1.pdf>
3. **But VM**, Bolboacă SD, Bulboacă AE. *The Antioxidant and Antinociceptive Effects of Curcumin in Experimentally Induced Pain in Rats*. International Scholarly and Scientific Research & Innovation. 2023;17(4):1. Rezumat publicat pentru International Conference on Oxidative Stress, Inflammation and Aging (ICOSIA 2023), Atena, 3–4.04.2023.
Sursă online: <https://publications.waset.org/abstracts/151497.pdf>
4. **But VM**, Gherman ML, Rus V, Bolboacă SD, Bulboacă AE. *An experimental model of acute venous thrombosis in rats: establishment of the Carrageenan dose*. Annual Meeting UMF 2022. Medicine and Pharmacy Reports. 2022;95(Suppl 2):S110–S111. Cluj-Napoca.
Sursă online: <https://medpharmareports.com/public/public/Supplements/2022-supplement-2.pdf>
5. **But VM**, Bolunduț D, Bulboacă AI, Bolboacă SD, Bulboacă AE. *Students' perception of the first semester of online education in the medical school during the COVID-19 pandemic*. Annual Meeting UMF 2021. Medicine and Pharmacy Reports. 2021;94(Suppl 4):S11. Cluj-Napoca.
Sursă online: <https://medpharmareports.com/public/public/Supplements/2021-supplement-4.pdf>
6. **But VM**, Bolunduț D, Bulboacă AI, Boarescu PM, Bulboacă AE. *Conventional vs. e-learning in medical education*. RoMedInf 2019. *Applied Medical Informatics*. 2019;41(Suppl 1):9. Cluj-Napoca, 19–20.09.2019.
Sursă online: <https://ami.info.umfcluj.ro/index.php/AMI/article/view/714>
7. Bulboacă AE, **But V**, Bolunduț D, Bulboacă A, Bolboacă SD. *Characterization of retinal vessels by fractal analysis: its importance in pathology*. RoMedInf 2019. *Applied Medical Informatics*. 2019;41(Suppl 1):31. Cluj-Napoca, 19–20.09.2019.
Sursă online: <https://ami.info.umfcluj.ro/index.php/AMI/issue/view/91>
8. Boarescu PM, Boarescu I, Bulboacă AE, Bocșan IC, Pop RM, Gheban D, **But VM**, Bolboacă SD. *Antioxidative effects of curcumin on experimental induced myocardial infarction in rats*. 11th National Conference with International Participation of the Romanian Society of Pathophysiology. Poster, Târgu Mureș, 4–7.09.2019. Acta Medica Marisiensis. 2019;65(Suppl 7):7.
Sursă online: <https://actamedicamarisiensis.ro/wp-content/uploads/2019/09/AMM-65-S7-web.pdf>
9. Bulboacă AI, Bratu C, **But VM**, Butnariu DA (coord. Boarescu PM). *Arrhythmia in Long QT syndrome associated with status epilepticus. A rare case report*. Medicalis 2019 – Book of Abstracts. 2019;8. Rezumat, Cluj-Napoca, 9–12.05.2019. Dovada exactă este anexată dosarului.
Sursă online: <https://medicaliscongress.ro/abstract-books/>
10. Bulboacă AE, Bulboacă CA, Boarescu PM, **But VM**, Bolunduț D, Bulboacă AI. *Endothelial dysfunction in migraine patients*. Pathophysiology. 2018;25(3):195–196.
DOI: <https://doi.org/10.1016/j.pathophys.2018.07.083>

11. **But VM**, Bulboacă AI, Bolunduț D, Chiș IC. *Antioxidative and antidiabetic effects of thiazolidinediones in streptozotocin-induced diabetes type 1. Clujul Medical*. 2018;91(Suppl 6):S29. The 30th National Conference of Physiology, Cluj-Napoca, 27–29.09.2018.
Sursă online: <https://sorana.academicdirect.ro/conferences/2018-suppl-6-ClujulMedical.pdf>
12. Bulboacă AE, **But VM**, Bolunduț D, Boarescu P, Bulboacă AI. *Therapeutic potential of intravenous curcumin administration in experimental [sic] migraine. Clujul Medical*. 2018;91(Suppl 6):S71. The 30th National Conference of Physiology, Cluj-Napoca, 27–29.09.2018.
Sursă online: <https://sorana.academicdirect.ro/conferences/2018-suppl-6-ClujulMedical.pdf>
13. **But VM**, Bulboacă AI, Bolunduț D (coord. Chiș IC). *In vivo effects of antidiabetic thiazolidinediones in improving type 1 diabetes mellitus-induced oxidative stress. Asklepios 2018 – Abstract Book*. 2018;14. Poster, the 11th International Congress for Medical Students and Young Physicians, Sibiu, 3–6.05.2018. Dovada exactă este anexată dosarului.
Sursă online: <https://scjus.ro/2018/05/04/congresul-international-de-medicina-pentru-studenti-si-rezidenti-asklepios-la-a-11-a-editie/>
14. **But VM**, Bolunduț D, Bulboacă AI. *Comparative Effect of Sartans and Angiotensin-Converting Enzyme Inhibitors in Diabetic Retinopathy. Conference of the Romanian Society of Pathophysiology. Clujul Medical*. 2017;90(Suppl 5):S89. Cluj-Napoca, 7–9.09.2017.
Sursă online: <https://sorana.academicdirect.ro/conferences/2017-Patofizio-Adriana>

e) Lista celor maximum 10 lucrări publicate în extenso în reviste de specialitate naționale sau internaționale cu ISSN, considerate cele mai relevante

1. Bereczki LS, **But VM**. Real-world analysis on de novo hormone-sensitive metastatic prostate cancer: three years' experience of a regional center in Romania. *Oncolog-Hematolog.ro*. 2025;73(4):26–36. ISSN 2066-8716; e-ISSN 2066-8260. Indexare BDI: EBSCO Academic Search (Accession No. 190809045); DOAJ.
DOI: <https://doi.org/10.26416/OnHe.73.4.2025.11287>
2. **But VM**, Elsaafin M, Pacurar M, Stoica AM, Bica CI, Pallag A, Muresan M. Essential Oils Modulating Inflammation, Oxidative Stress, Endothelial Dysfunction, and Thrombotic Pathways: Relevance to Thromboinflammation and Translational Perspectives. *Biomolecules*. 2026;16(5):654. e-ISSN 2218-273X.
DOI: <https://doi.org/10.3390/biom16050654>
3. **But VM**, Rus V, Ilyés T, Gherman ML, Stănescu IC, Bolboacă SD, Bulboacă AE. Therapeutic Effects of Lavender Oil on Streptozotocin-Induced Diabetes Mellitus and Experimental Thrombosis. *Antioxidants*. 2025;14(2):166. e-ISSN 2076-3921.
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DOI: <https://doi.org/10.3390/app14051852>
5. **But VM**, Bulboacă AE, Rus V, Ilyés T, Gherman ML, Bolboacă SD. Anti-inflammatory and antioxidant efficacy of lavender oil in experimentally induced thrombosis. *Thrombosis Journal*. 2023;21:85. e-ISSN 1477-9560.
DOI: <https://doi.org/10.1186/s12959-023-00516-0>
6. **But VM**, Roșu SN, Bica CI, Vlasa A, Coman TM, Haddad CD, Stoica AM, Pacurar M, Elsaafin M. Sleep-Disordered Breathing and Behavioral Symptoms in Pediatric Orthodontic Patients: A Multicenter Cross-Sectional Study. *Journal of Clinical Medicine*. 2026;15(9):3386. e-ISSN 2077-0383.
DOI: <https://doi.org/10.3390/jcm15093386>
7. **But VM**, Bolunduț D, Bolboacă SD, Bulboacă AE. First Semester of Online Medical Education During the Coronavirus Disease 2019 Pandemic: A Single University Experience. *Applied Medical Informatics*. 2022;44(2):57–72. e-ISSN 2067-7855.
Sursă online: <https://ami.info.umfcluj.ro/index.php/AMI/article/view/903>
8. **But VM**, Bulboacă AI, Bolunduț D, Boarescu PM, Bulboacă AE. Medical Education – From Traditional Learning Methods to E-Learning Methods. *Applied Medical Informatics*. 2020;42(1):1–8. e-ISSN 2067-7855.
Sursă online: <https://ami.info.umfcluj.ro/index.php/AMI/article/view/756>
9. Elsaafin M, Stoica AM, Mariș M, Coșarcă AS, Bereșescu L, Elsaafin A, Păcurar M, **But VM**. Bone–Screw–Force Interactions in Palatal Orthodontic Mini-Implants: A Scoping Review and Decision Framework for Primary Stability and Biomechanically Driven Site Selection. *Journal of Functional Biomaterials*. 2026;17(8):360. e-ISSN 2079-4983.
DOI: <https://doi.org/10.3390/jfb17080360>
10. Elsaafin M, Haddad CD, Ioana TR, Moldovan M, Golu MV, **But VM**, Roșu SN. The Impact of Light-Curing Time on Shear Bond Strength and Adhesive Remnant Index (ARI). *Journal of Clinical Medicine*. 2026;15(5):1890. e-ISSN 2077-0383.
DOI: <https://doi.org/10.3390/jcm15051890>

f) Brevete de invenție și alte titluri de proprietate industrială și intelectuală

Nu este cazul.

Declar că informațiile cuprinse în prezenta listă sunt reale și se referă la propria activitate științifică.

Data: 28.07.2026

Candidat: But Valeriu Mihai

Semnătura: _____